

# CARE Group Curriculum Guide

Guiding people to become fully devoted followers of Christ is the goal of every CARE Group. To help with this step we have designed the *CARE Group Curriculum Guide*. Built around our four core group practices (CONNECT, APPLY, REACH, and ENCOURAGE), this two-year track will help move your people toward full devotion. All studies available in the New Hope Store.

## Year One

### 1 - 4 Months

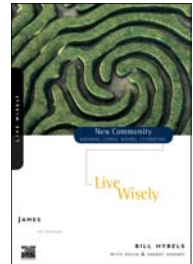


**Breaking Bread** - New Hope Resources  
Length: 6 weeks Prep: 1 hr. Format: DVD

This study is the perfect starter for any group. Learn what the Bible says about building meaningful relationships. Your group will discover that a true friend loves, makes room, helps, and is not afraid to resolve conflict.

**James** - New Community Series  
Length: 6 weeks Prep: 1 hr. Format: Study Guide

The book of James offers a wonderfully practical collection of wisdom. Do you need perseverance, help overcoming destructive desires, or confidence as a believer? James gives clear guidance. Dig into this book and learn how to choose wise paths through life.



### 5 - 8 Months



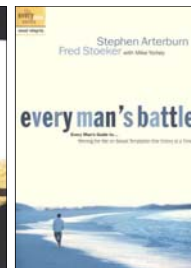
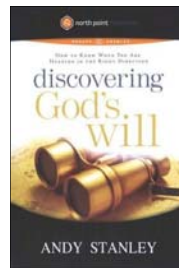
**Developing Your SHAPE to Serve** - Doing Life Together  
Length: 6 weeks Prep: 1 hr. Format: Study Guide

The way you're wired is no accident. God designed your unique mix of gifts, natural abilities, personality, values, and life experiences to play an essential role in His kingdom. These 6 sessions will help you discover your God-given design at home, work, and church.

Mixed Group: **Discovering God's Will** (DVD)

Men Only: **Every Man's Battle**

Women Only: **Captivating**



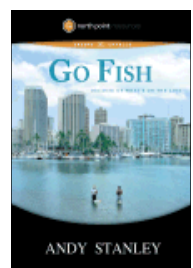
**Philippians** - New Community Series  
Length: 6 weeks Prep: 1 hr. Format: Study Guide

Life as a follower of Christ is not a fifty-yard dash. It's a marathon. God offers strength for the race. If you desire joy beyond measure, perseverance to endure, a servant's heart, hope for the future, a peace that passes understanding, and lasting contentment, look no further than Philippians.

### 9 - 12 Months

**Go Fish** - Northpoint Resources  
Length: 6 weeks Prep: 1 hr. Format: DVD & Study Guide

This study will encourage you and equip you to live out Jesus' call to become fishers of men by giving you motivation for evangelism as well as a simple presentation of the gospel.



# Year Two

## 1 - 4 Months



**The Bible's Big Picture** – New Hope Church  
Length: 6 weeks Prep: 1 hr. Format: DVD & Study Guide

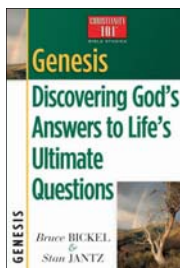
The book of 1 John calls us back to the basics of loving God and loving one another. Learn to experience God's mercy and goodness in deep ways to the point where it overflows naturally into the lives of others.

**Prayer** – InterActions  
Length: 6 weeks Prep: 1 hr. Format: Study Guide

Each session in this study will give you new insight for prayer. You'll receive courage to lift "dangerous prayers" with a confident heart. You'll discover how to handle the disappointment of unanswered prayer. And you'll be moved to a depth of honesty in prayer that will surprise you.



## 5 - 8 Months



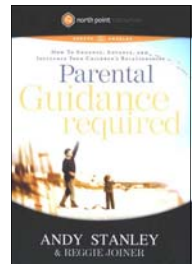
**Genesis** – Christianity 101 Bible Studies  
Length: 13 weeks Prep: 1 hr. Format: Study Guide

This study sets the stage for the drama of human history. Your group will discover what God had in mind when He created the world and what happened to His perfect design. You will also discover that God's greatest desire is to redeem people back into a right relationship with Himself.

Couples: **iMarriage**

Singles: **The 10 Commandments of Dating**

Parents: **Parental Guidance Required**



## 9 - 12 Months

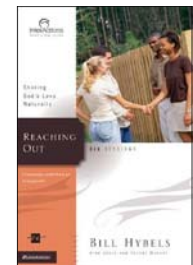


**Giving** – Pursuing Spiritual Transformation Series  
Length: 7 weeks Prep: 1 hr. Format: Study Guide

As you study the connection between your wallet and your heart, you will learn how money management is a powerful tool for shaping your character. You'll discover how giving is as much a part of spiritual growth as prayer and Bible study.

**Reaching Out** – InterActions Series  
Length: 6 weeks Prep: 1 hr. Format: Study Guide

The whole Bible speaks of God's desires for people to come to know Him. Travel from Genesis to Revelation and catch a glimpse of God's heart for the world and your part in His plan to reach it



## Next Steps

Congratulations! Your group is now ready to take the next steps.

1. Recruit one or more leaders to attend the next *Connections* event and start a new CARE Group (Leaders can move on and start a new group too).
2. As a group, decide to continue meeting or close the group. If you choose to close the group, celebrate what God has done.
3. If you continue meeting, add new people to the group.